



# **Office Of Services to the Aging Fiscal Year 2016**

**Presentation to House and Senate Appropriations  
Subcommittees on Community Health  
March 3, 2015**

Kari Sederburg, Director, Office of Services to the Aging  
Farah Hanley, Senior Deputy Director, Operations

# Our Guiding Principles

## Mission

The Michigan Department of Community Health will protect, preserve, and promote the health and safety of the people of Michigan with particular attention to providing for the needs of vulnerable and under-served populations.

## Vision

Improving the experience of care, improving the health of populations, and reducing costs of health care.

**Leadership, Excellence, Teamwork**

# Michigan Department Of Community Health 2015 Strategic Priorities

- ✓ Promote and Protect Health, Wellness, and Safety
- ✓ Improve Outcomes for Children
- ✓ Transform the Healthcare System
- ✓ Strengthen Workforce and Economic Development

# Services to the Aging Highlights\*

## Health & Nutrition

10 million meals served to 106,000 older adults

7.7 million home-delivered; 2.3 million congregate

Senior Project FRESH served 15,000 low-income older adults

300 markets/road side stands representing 2,800 farmers participated

9,400 older adults participated in volunteer programs

1,135 people completed at least four of six chronic disease self-management sessions; 2,356 people participated in 89 “Matter of Balance”

## Choice & Access

6,900 caregivers received 680,000 hours of service (e.g. respite, counseling)

19,700 older adults received 680,000 hours of services in the home

64,600 older adults received a wide variety of community-based services (e.g. elder abuse prevention, disease prevention)

## Elder Rights & Quality of Life

32,000 hours of legal services were provided to 9,000 older adults

63,000 people received public benefits counseling through Michigan Medicare/Medicaid Assistance Program

State Long-Term Care Ombudsman consulted with 3,141 individuals and 1,177 nursing home staff

420 low-income older adults were employed through the Senior Community Service Employment Program

\*FY 14

# Office of Services to the Aging

***Promote the independence and enhance the dignity of Michigan's diverse population of older adults and their families.***

## **Aging Network**

- 16 area agencies on aging
- 1,100 service providing agencies

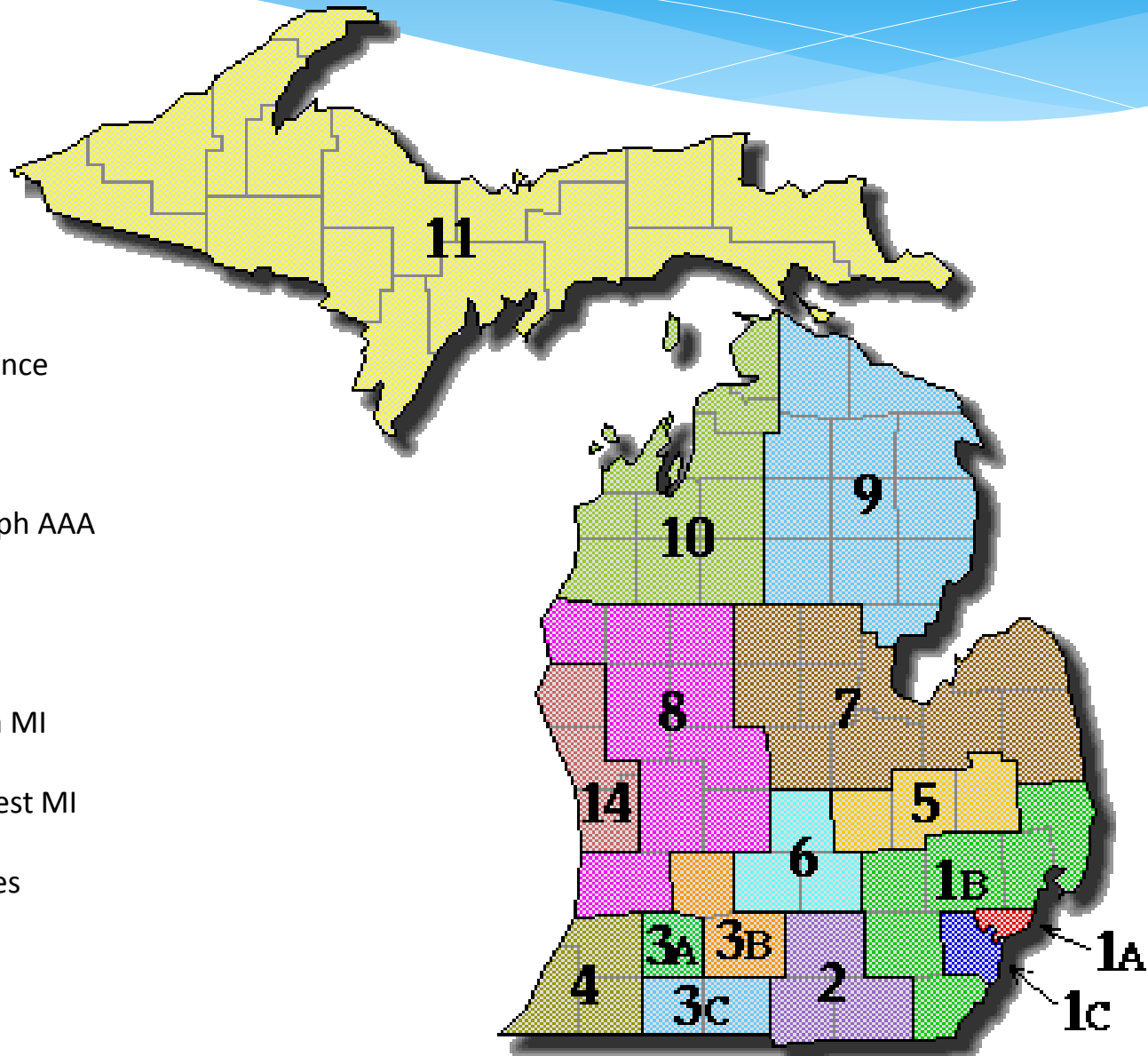
## **Services**

- In-home, nutrition, older volunteers, respite and adult day, legal help, disease prevention, information & assistance, outreach, etc.

## **Goals**

- Improve the health and nutrition of older adults
- Ensure older adults have choice through increased access to services
- Promote elder rights, quality of life and economic security
- Improve effectiveness, efficiency and quality of services

# Area Agencies on Aging



- 1A: Detroit AAA
- 1B: AAA-1B
- 1C: The Senior Alliance
- 2: Region 2 AAA
- 3A: 3A AAA
- 3B: 3B AAA
- 3C: Branch-St. Joseph AAA
- 4: Region IV AAA
- 5: Valley AAA
- 6: Tri-County AAA
- 7: Region VII AAA
- 8: AAA of Western MI
- 9: Region IX AAA
- 10: AAA of Northwest MI
- 11: UPCAP
- 14: Senior Resources

# Michigan's Aging Population

## Increase in number of older adults

- **2 million** older adults aged 60+ in Michigan (19% of population)
- 85+ age group is the fastest growing; **102% projected increase** by 2030

## Demographics\*

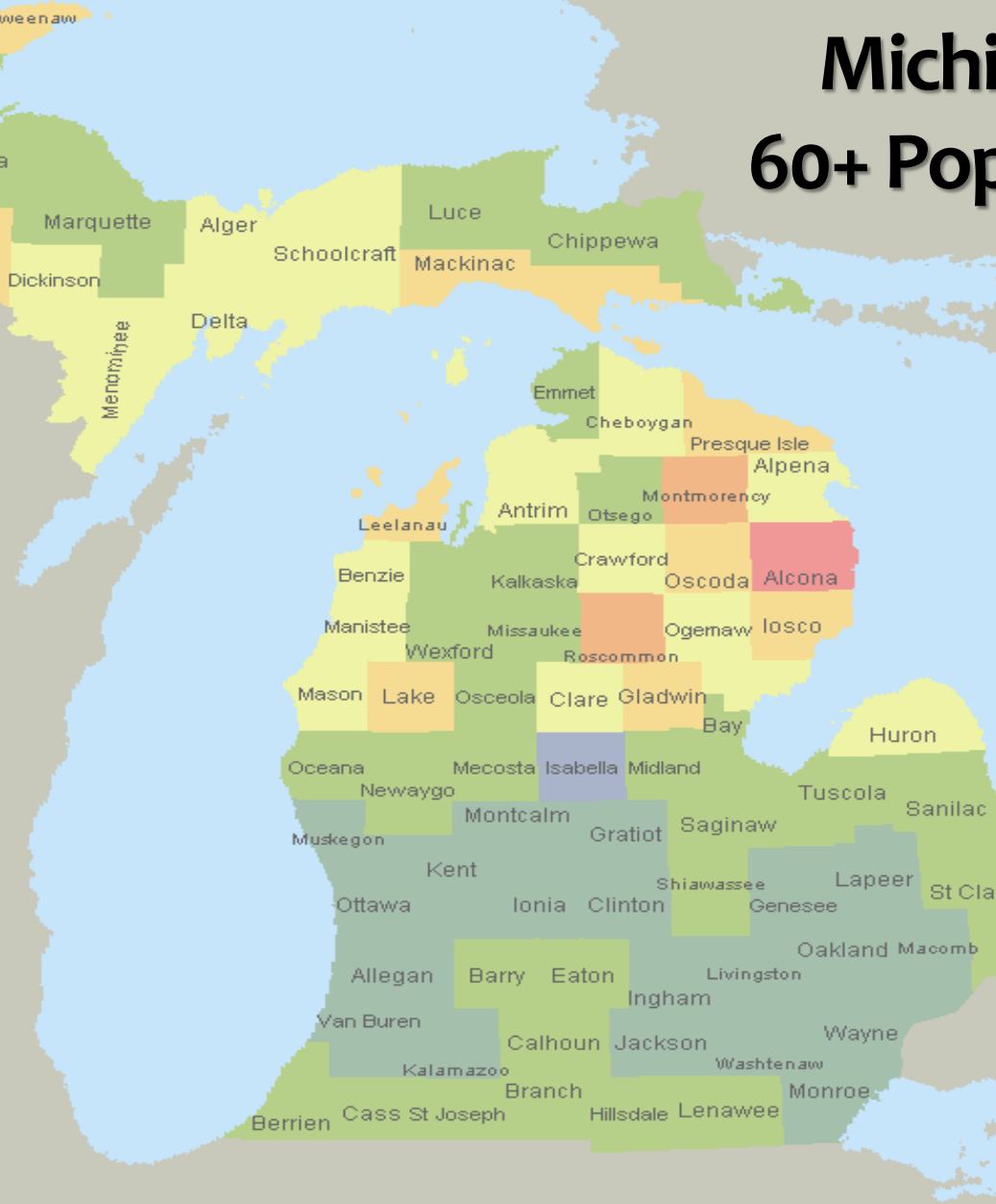
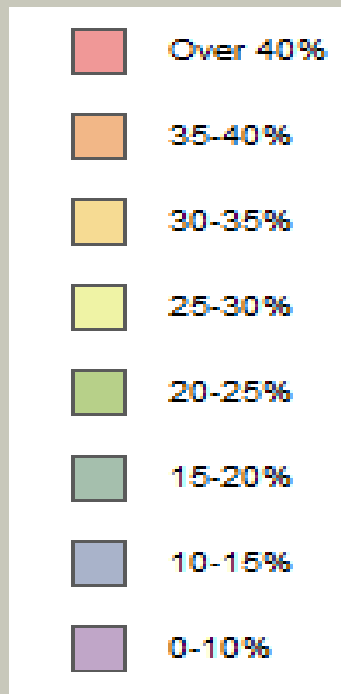
- Majority of this age cohort is women (**55%**)
- More than **13%** identified as something other than European ancestry
- More than **20%** of this age cohort is employed
- Nearly **12%** of adults 60+ have dementia, and **45%** of adults age 85+ have dementia
- **1 in 5 caregivers** care for someone with symptoms of dementia

## More demand for services

- Availability of choice – expand community-based system of care
- Coordination and collaboration within long term care networks
- Increase in need for services – nutrition programs fastest growing

*\* 2010 Census data*

# Michigan's 60+ Population



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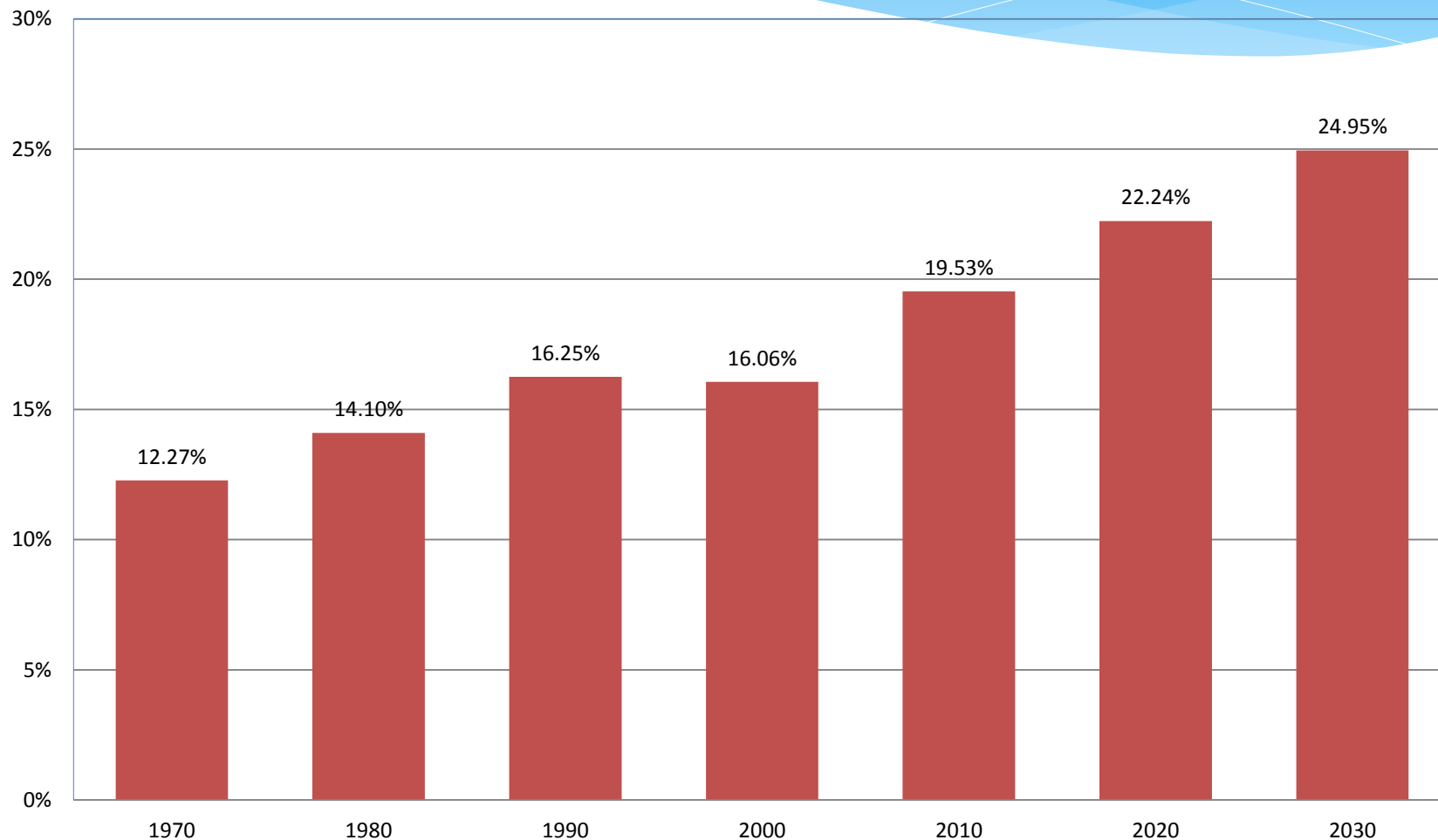
Michigan Department  
of Community Health

**M DCH**  
Rick Snyder, Governor  
Nick Lyon, Director

Produced by: Center for Shared Solutions and Technology Partnerships,  
Michigan Department of Technology, Management, and Budget, 03/23/11

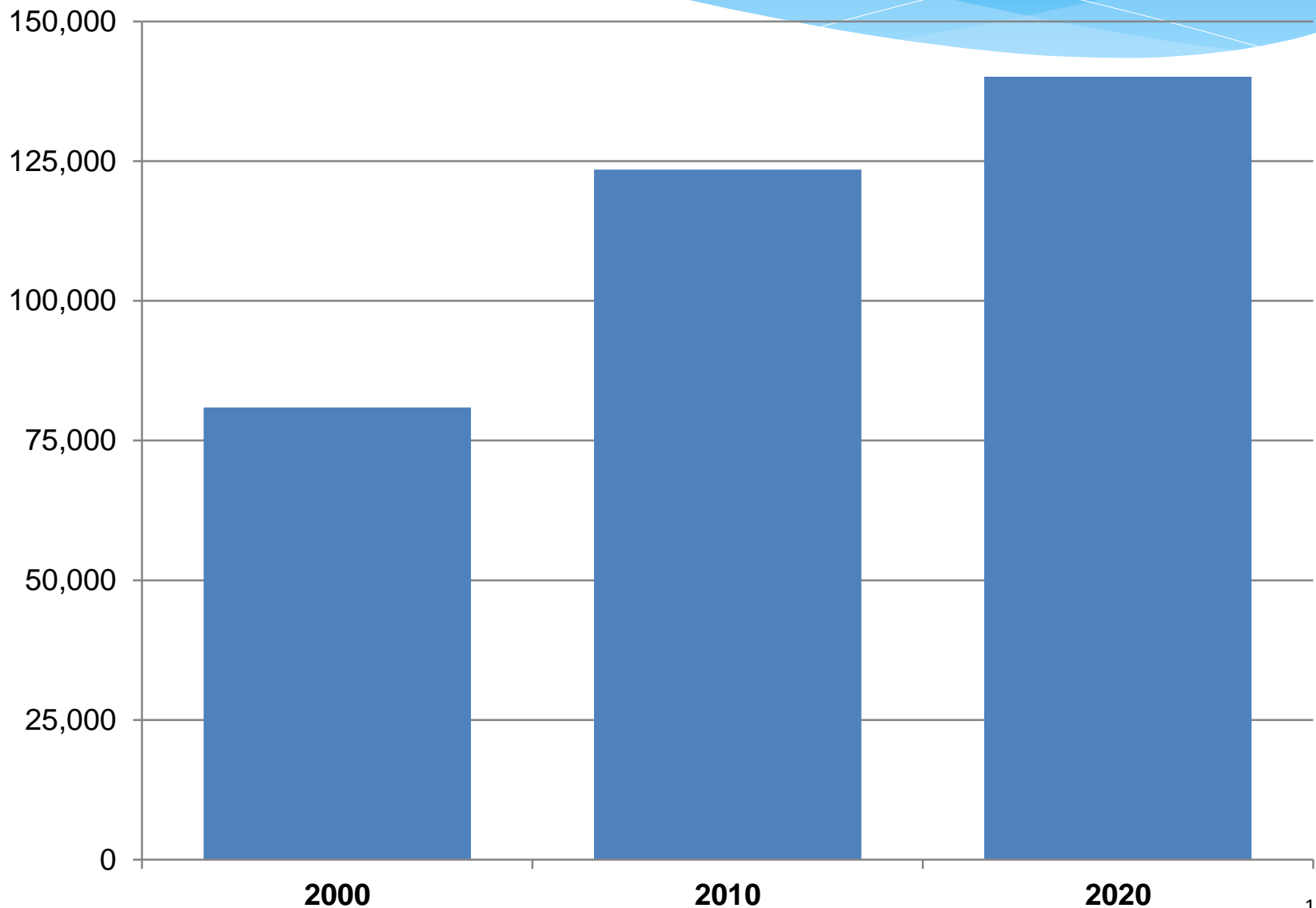


# Michigan's 60+ Population



Source: 1970 - 1980: 1980 Census, General Population Characteristics, Table 20 - Age by Race and Sex: 1910 to 1980  
1990: 1990 Census, General Population Characteristics, Table 16 - Single Years of Age by Sex, Race and Hispanic Origin: 1990  
2000: 2000 Census Summary File 1, Table P012 - Sex by Age  
2010: 2010 Census Summary File 1, Table P12 - Sex by Age  
2020-2030: Centers for Disease Control and Prevention, Census Population Estimate, <http://wonder.cdc.gov>

# Number of People in Michigan Turning 60



# Profiles of Individuals Served

## In-Home Services:

19,690 older adults were supported by 680,000 hours/units of care management, case coordination, chore, homemaker, home health aide, and personal care.

## Home Delivered Meals:

48,050 home delivered meal participants received 7,702,752 meals.

## Participant Characteristics

In-Home Services Participant Characteristics	Home-Delivered Meal Participant Characteristics
67% were 75 years of age or older	65% were aged 75+
71% were female	64% were female
56% lived alone	50% lived alone
56% resided in rural areas	39% resided in rural areas
30% were low-income	37% were low-income
15% were minority by race and/or ethnicity	29% were minority by race and/or ethnicity

# Governor's Special Message on Aging

## Making Michigan a Place You Can Live Well and Age Well

- Independence & Choice
- Putting People Above Programs
- Safety & Security
- Age-Friendly Michigan
- Talent
- Reinventing Retirement

# FY 15 Initiatives

## **No Wait State for Aging Services: \$5M Gross/GF**

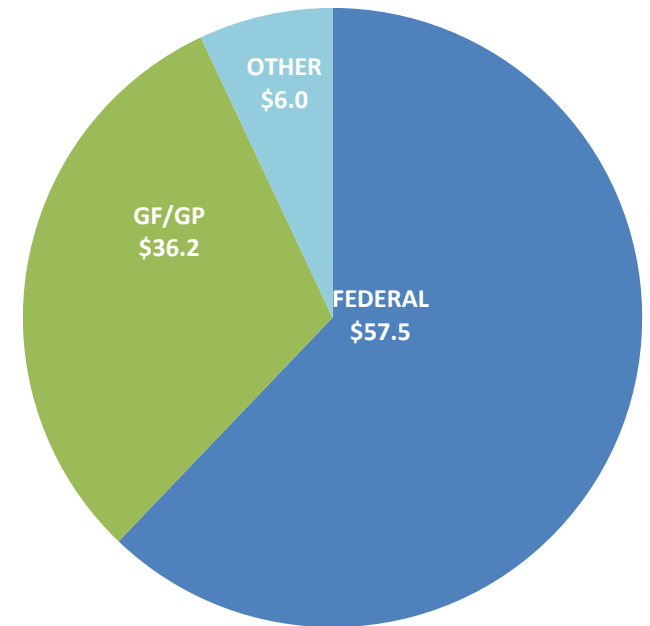
- Decrease waiting lists for:
  - Home Delivered “Meals on Wheels”
  - In-Home Services (ex: personal care)

## **Elder Abuse Prevention & Awareness: \$1M Gross/GF**

- Support of Ongoing Elder Abuse Prevention/Detection Efforts
- Statewide Trainings on Elder Abuse Laws & Reporting
- Review of Current Elder Abuse System

# Aging – Budget (in millions)

	2015	2016
Administration	\$7.6	\$7.8
Community Services	39.0	39.0
Nutrition Services	39.0	39.0
Volunteer Services Program	4.5	4.5
Employment Assistance	3.5	3.5
Respite Care Program	5.9	5.9
Total	\$99.5	\$99.7



# FY 16 Initiatives - Nursing Homes

## **Long-Term Care Ombudsmen: \$357,500 GF**

### *Replace Civil Money Penalty (CMP) Funds*

- Support local long-term care ombudsmen: \$200,000
  - Advocate for residents rights and quality care
- Support State Long-Term Care Ombudsman Program: \$157,000
  - Administration of program, local trainings

## **Culture Change Initiative: \$200,000 CMP funds**

- Improve the quality of life in nursing homes
  - Person-centered practices
  - Long-term care culture change methods
- Provide training, education, technical assistance

# Contact Info and Useful Links

Legislative Liaison: Karla Ruest

[ruestk@michigan.gov](mailto:ruestk@michigan.gov)

Phone: (517) 373-1629

Director: Kari Sederburg

[sederburgk@michigan.gov](mailto:sederburgk@michigan.gov)

Phone: (517)-373-7876

Website: <http://www.michigan.gov/osa>

Facebook: <http://www.facebook.com/MIAGing>